

FACT SHEET

ARTHRITIS



Arthritis is the word used to describe pains in the joints; it literally means inflammation of a joint. There are many causes.

OSTEOARTHRITIS

Osteoarthritis is due to the ageing process. We are all likely to experience some degree of 'wear and tear', when the cartilage covering the bones of a joint becomes eroded and rough. Tendons and ligaments holding the joint together become weaker and the joint itself may become deformed, painful and stiff. Joints which have been injured or subjected to unusual stress, perhaps as a result of a sporting career or a heavy manual job, are likely to wear faster.

RHEUMATOID ARTHRITIS AND ANKYLOSING SPONDYLITIS

Rheumatoid Arthritis and Ankylosing Spondylitis are less common forms of Arthritis. Both conditions can result in severe inflammation and eventually fusing of some of the joints of the spine..

CAN CHIROPRACTIC HELP?

Once a full medical history and examination have been completed, a Chiropractor will be able to make a diagnosis and suggest a treatment programme. Chiropractic treatment is appropriate for many forms of arthritis, giving pain relief and helping to slow further degeneration.

For further information please book a free consultation on 0800 652 8854.

Dynamic Chiropractic
Cheltenham House
Cheltenham Drive
Sale
Cheshire
M33 2DQ

0161 905 3440
www.dynamicchiropractic.co.uk

